Engaging ATSI males to our clinic

Delivered by David Adams, Men’s Clinic Coordinator
Acknowledgement

Danila Dilba Health Service would like to acknowledge the traditional owners of this land, the Larrakia People.

We pay our respect to the elders, past and present.
Men’s Clinic History (in brief)
The Danila Dilba Men’s Centre was established in 1999

- Operated as a training centre and part-time clinic;
- The first client to present was Mr John Nundi;
- Mr Nundi was seen by Dr Geoff Stewart and David McDowall (AHW).

The Centre officially started operating as Danila Dilba Men’s Clinic in 2001
Back Row: Joe Martin-Jaard, Dale Hurst, Patrick Burford, Jason Bonson, John Christophersen, Malcolm Laughton.

Middle Row: Anthony Castro, Dr Daylan Devanesen, Chris Burns, Matthew Parnaby, Michael Martin, David Parfitt.

Front Row: Peter Pangquee, Wes Miller, Don Carter, Zane Hughes

Healthy Male Lifestyle Project, 2000
Vision Statement

“Danila Dilba aims to provide culturally appropriate Primary Health Care Services of the highest quality to the Aboriginal and Torres Strait Islander peoples of the Greater Darwin area”
Some of our Stakeholders include:

- Aboriginal and Torres Strait Islander males;
- Other DDHS staff;
- NT Government, Department of Health & Family;
- Foundation of Rehabilitation with Aboriginal Alcohol Related Difficulties (FORWAARD);
- Council for Aboriginal Alcohol Program Services (CAAPS);
- Top End Mental Health Services (TEMHS);
- Somerville Disability Services;
- Juninga Nursing Home;
- Western Diagnostic Pathology;
- Aboriginal Medical Service Alliance Northern Territory (AMSANT);
- Clontarf Academy;
- Stuart Park, AMCAL, RDH and United Discount Pharmacies
How the Men’s Clinic operates

• Open Monday to Friday, 8am – 4pm;
• AHP first point-of-care policy;
• Appointment base only; see walk-ins, if possible;
• Do chronic disease management and acute illness care;
• Do Well Person Checks on new clients;
• Do annual Health Checks and 3 monthly checks;
• Provide referrals to Allied Health Services;
• Provide transport for eligible clients;
• Send clients a courtesy reminder about here appointment the day prior.
Men’s Clinic Team consist of:

- A Practice manager;
- A Clinic Coordinator;
- An Aboriginal Health Practitioner;
- x2 General Practitioners;
- A Customer Service Officer;
- A Counsellor.

Also hold specialist clinics with visiting Endocrinologist every 3 months.
Some of our resources, include:

- Fully equip emergency room;
- Pharmacy;
- Dry stores (dressings);
- INR machine;
- DCA Vantage Analyzer;
- CARPA Standard Treatment Manual;
- Cryotherapy;
- Patient Information System (Communicare);
- Toilet and shower for clients;
- Wheelchair access.
Why bother about getting ATSI males into our clinic?

- ATSI males are at risk of developing an illness, such as, chronic diseases, cancers and sexual transmitted infections (STIs);
- A lot of ATSI males may have an illness but don’t realise it;
- ATSI males have a low life expectancy rate compared to other Australian males; approximately 11.5 years lower (ABS, 2005-2007)

We care about our ATSI brothers
Some barriers identified

- ATSI males will only present if they are feeling very unwell;
- Not sure where to go;
- Shame job re STIs;
- Don’t want to see any women doctors, health workers and clients;
- Sick of seeing too many doctors;
- No transport;
- Keep forgetting their appointments;
What can we do?

• Spread the word about the Men’s Clinic;
  – Health promotion and education;
  – Have a yarn with male family members and friends;
  – Opportunistic approach, e.g. when you see someone limping;
  – Utilise social media, e.g. TV, radio, Facebook; etc.

• Have permanent doctors;

• Provide transportation;

• Send clients a courtesy reminder about here appointment.
Men’s Health Week Event
Run with Dad Event
Danila Dilba Mens Clinic

has demonstrated compliance of the RACGP Standards for general practices and achieved accreditation from Australian General Practice Accreditation Limited (AGPAL).

Accredited to 1 August 2017
#8859

Authorised by

[Signature]

Dr Richard Choong
Chair, Australian General Practice Accreditation Limited

Accredited against the RACGP Standards for general practices 4th Edition
Presently

• We ensure that our clinic is culturally appropriated, friendly and safe environment;
• Our professional staff always work as a team to ensure that we provide the best service possible for our clients;
• Our appointment schedule is fully booked out for 3 week;
• Therefore, it will take 3 weeks to get an appointment;
• We see 12 clients a day, plus some walk-ins;
• We do 2 to 4 full health checks (715) a day;
• We do health checks for Clontarf Academy;
• We are getting new clients coming in for a check-up;
Presently

• We have approximately 700 clients;
• Done 4032 Episodes of Care last year.
Incentive

Every ATSI male that has a Well Person Check or Annual Chronic Disease Review will receive a Deadly Choices Shirt.
The majority of our clients are happy with the service that we provide;
They like seeing the same doctor;
They like the environment;
They are happy with the waiting time;
They like receiving the appointment reminder SMS but some prefer a phone call.
Appreciation

Some of our clients show their appreciation for our service we provide by donating their art for the clinic.
Contact details:

Men’s clinic
42 McLachlan St,
Darwin NT 0800

8942 5495
Thank You

Questions / comments