A medicines review in your home

It can be hard to keep track of medicines. A medicines review in your home can help make sure they are working well for you. Find out whether a check of your medicines might be helpful for you and how it works.

Is a medicines review in my home for me?

Are you, or someone you care for:

- Taking lots of medicines
- Not sure what they’re for
- Not sure you’re using them the right way
- Getting side effects
- Starting a new medicine or changing how much you take
- Coming out of hospital

A medicines review in your home could be helpful.
Ask your doctor, pharmacist, nurse or health worker.

How does it help?

- Time to yarn and ask questions
- Make sure your medicines are right for you
- Talk at your home, aged-care home or somewhere that’s good for you
How does it work?

**Step 1**
Ask your doctor, nurse or health worker if a review of your medicines would be helpful for you.

If your doctor thinks it will help, they will send a referral to a pharmacist. You may be able to choose a pharmacist you already know.

**Step 2**
Get all the medicines you are taking. Don’t forget puffers, vitamins or bush medicines.

If you have a medicines list, have it ready to show the pharmacist.

**Step 3**
The pharmacist will visit you at your home or aged-care home. They will take a look at your medicines and answer any of your questions. After the visit they will write a report for your doctor.

You can have a family member, friend, carer or Aboriginal Health Worker with you. They can ask questions too.

**Step 4**
See your doctor again. They will talk with you about a plan for your medicines.

A medicines list can help you keep track of your medicines. Ask your pharmacist or health worker to help you fill one out. If you would like a copy for yourself, they can help. You can also print a Medicines List from the NPS MedicineWise website.

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