

A medicines review in your home

It can be hard to keep track of medicines. A medicines review in your home can help make sure they are working well for you. Find out whether a check of your medicines might be helpful for you and how it works.

Is a medicines review in my home for me?

Are you, or someone you care for:



Taking lots of medicines



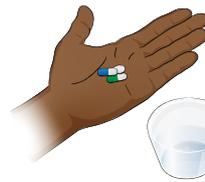
Not sure what they're for



Not sure you're using them the right way



Getting side effects



Starting a new medicine or changing how much you take



Coming out of hospital

**A medicines review in your home could be helpful.
Ask your doctor, pharmacist, nurse or health worker.**

How does it help?



Time to yarn and ask questions



Make sure your medicines are right for you



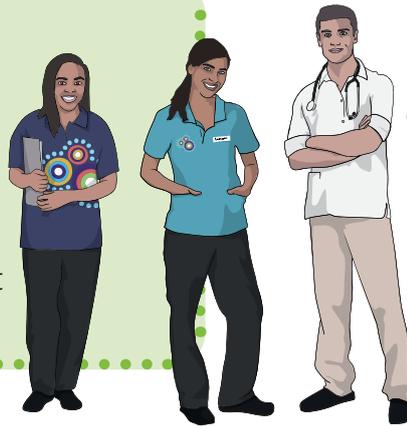
Talk at your home, aged-care home or somewhere that's good for you

How does it work?

Step 1

Ask your doctor, nurse or health worker if a review of your medicines would be helpful for you.

If your doctor thinks it will help, they will send a referral to a pharmacist. You may be able to choose a pharmacist you already know.



Step 3

The pharmacist will visit you at your home or aged-care home. They will take a look at your medicines and answer any of your questions. After the visit they will write a report for your doctor.

You can have a family member, friend, carer or Aboriginal Health Worker with you. They can ask questions too.



Step 2

Get all the medicines you are taking. Don't forget puffers, vitamins or bush medicines. If you have a medicines list, have it ready to show the pharmacist.



Step 4

See your doctor again. They will talk with you about a plan for your medicines.



My medicines review

Date:

Time:

Where:

Who:

A medicines list can help you keep track of your medicines. Ask your pharmacist or health worker to help you fill one out. If you would like a copy for yourself, they can help. You can also print a [Medicines List](#) from the NPS MedicineWise website.

nps.org.au

Level 7/418A Elizabeth Street Surry Hills NSW 2010
PO Box 1147 Strawberry Hills NSW 2012

☎ 02 8217 8700 ✉ 02 9211 7578 📧 info@nps.org.au

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