

ACE INHIBITORS (eg: ramipril and perindopril)

Medicines for high blood pressure (hypertension)

My name:

My ACE inhibitor medicine is called:

Active ingredient

ACE inhibitors:

- lower blood pressure
- help to keep the heart and kidneys healthy
- are suitable for people who are diabetic

Women need to tell their doctor if they are:



planning
a baby



pregnant



breastfeeding

as ACE Inhibitors may not be suitable

Some medicines should NOT be taken with an ACE inhibitor

- **ibuprofen** (like Nurofen®) and some other medicines.

Always tell your Aboriginal Health Worker, nurse, doctor and pharmacist about **all** the medicines you are taking, even if you buy the medicine yourself at the supermarket or store.



Side-effects of ACE inhibitors

ACE inhibitors can have unwanted effects, called side-effects. Side-effects do not happen to everyone and often go away after a short time.

Mild and common side-effects:



dizziness



cough

Serious side-effects

A **serious** and **uncommon** side-effect of ACE inhibitors can be:

- swelling in the face and throat and difficulty breathing



If this happens you need to call 000 for an ambulance or see a doctor straight away.

Talk to your Aboriginal Health Worker, nurse, doctor or pharmacist about side-effects.

Your clinic:



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